

# Yellow Advertiser

Barking & Dagenham

Week ending Friday March 1, 2019

yellowad.co.uk

Established 1976



## Local News

Dagenham, Parsloes Park, Becontree, Barking Central, Barking, Upney

### Man charged over shooting at station

A MAN has been charged with attempted murder after a teenager was shot at Barking railway station.

Bienvu Vangu, 25, was arrested by firearms officers from British Transport Police and Essex Police in High Street, Southend at 4.20pm on Saturday.

He was detained on a roof next to a JD store on suspicion of attempted murder in connection with an incident at Barking station on

Wednesday, February 20.

The victim was taken to hospital, where a bullet was discovered inside his abdomen.

Vangu, 25, of Mariner House, Southend, was also charged with possession of a prohibited firearm, and possession of a firearm with intent to cause fear of violence.

He was remanded into custody and is due to appear at Blackfriars Crown Court on March 25.



CRIME SCENE: The Tube train platform at Barking station Photo: PA/itswilliams

# TOP MARKS FOR COLLEGE

Students feel education equips them with skills to help forge careers

by Lewis Berrill

barking@yellowad.co.uk

STUDENTS at Barking and Dagenham College are more likely to believe their education is preparing them for employment compared to students across the country.

In a survey of 1,000 teenagers commissioned by the Career Colleges Trust, only 12 per cent believe their future careers are the education system's biggest focus; two thirds think grades and league tables are the main focus.

At Barking and Dagenham College, 43 per cent of students think careers are the biggest focus.



SURVEY: Barking and Dagenham College

College principal and CEO, Yvonne Kelly, said: "The results don't surprise me at all. Further education colleges are united in having a very clear goal to improve the life chances and careers opportunities of our learners."

"In addition to developing technical vocational skills, our students are taught vital work skills including soft skills, such as problem solving and teamwork which are essential to help them to succeed in the workplace."

Student Sophie Habberley, who was named as a winner of an Amazon Web Services (AWS) competition designed to improve vocational skills, said: "Being in the Career College and getting to work on projects such as the AWS one has made me more confident."

"I know I will gain technical skills throughout this project like public speaking and presentation skills. It gives me something very good to put on my CV too. I'm really glad to have got this opportunity."

After finishing her course, Sophie would either like to go to university to study software engineering or do an apprenticeship in software engineering.

**ALPHA CARS**  
24 HOUR MINICAB & COURIER SERVICE  
**020 8591 8000**  
**020 3288 2044**  
Minicabs | Minibuses | Airport Transfer | Courier | Accounts  
www.alphaminicars.co.uk Email: alpha-cars@tiscali.co.uk

**TOURS BUS**  
Day Trips - Booking Now  
**AIDENKIRK VIA TRAIN/FERRY**  
Tues, Wed, Thurs & Sat Prices from **£38**  
**WARNERS CORTON COASTAL VILLAGE, SUFFOLK**  
4 Days, 3 Nights 29/03/19 from **£249**  
Other short breaks available  
Call for a 2019 pack!  
Call **01268 591833**  
for details or visit [www.petergodwardcoaches.co.uk](http://www.petergodwardcoaches.co.uk)

**CARPET CARE**  
Established 25 Years  
  
Carpet & Upholstery Cleaning  
• Deep Steam Clean  
• Fast Drying System  
• Free Deodoriser  
Call Anytime **07515 001 852**  
**020 8505 0110**

**We will write YOUR WILL FOR ONLY £49.99 +VAT**  
(£59.99 inclusive) Safe to do business with  
**PARAGON LEGAL SERVICES LTD**  
AFFORDABLE EXCELLENCE ENDORSED BY OVER 18,000 SATISFIED CLIENTS  
Let one of our local professionals offer expert advice and create your Will in the privacy of your home, at a time to suit you, day or evening  
**WE CAN ADVISE YOU ON CARE FEES**  
Call Free **0800 0747 642** or **01206 544919**  
8am-10pm weekdays, 9am-5pm weekends  
Call us for a free home appointment and request your free information pack on Wills, Lasting Powers of Attorney, Trusts, Probate, Care Fees and Guaranteed Funeral Plans.  
Regulated by the Society of Will Writers and Estate Planning Practitioners  
**www.paragonlegal.co.uk**

**FIREPLACES**  
FANTASTIC RANGE - SUPERB PRICES - WE WILL NOT BE BEATEN!  
*Elegant Homes*  
**07956 554 434**  
520 Lea Bridge Rd, Leyton, London E10 7DT. Tel/Fax: 020 8539 2483  
451-453 High Rd, Woodford Green, Essex IG8 OXE. Tel/Fax: 020 8506 0600  
OPEN MON-SAT 10am-5pm  
  
  
safe



# Advertiser

North London & Essex News Ltd, Acorn House  
Great Oaks, Basildon, Essex SS14 1AH

Advertising  
01268 503422

## Team Leader

Sharon Gunston  
01268 503422  
sharongunston@yellowad.co.uk

## Distribution

distribution@yellowad.co.uk

## Editor

Mick Ferris  
01268 503471  
mickferris@yellowad.co.uk

## Reporter

Lewis Berrill  
01268 503462  
havering@yellowad.co.uk

## Publisher

Vicky Wright  
01268 503400  
vickywright@yellowad.co.uk

Complaints should be made in writing, either by email to the Editor: Mick Ferris, mickferris@yellowad.co.uk or by post to Mick Ferris, editor Yellow Advertiser, Acorn House, Great Oaks, Basildon, Essex, SS14 1AH.

We take all complaints about editorial content seriously and are committed to abiding by the independent Press Standards Organisation ("IPSO") rules and regulations and the Editors' Code of Practice that IPSO enforces (IPSO Regulated)

## Tindle Newspapers Ltd

Printed by JPI Media Printing (Portsmouth) Ltd,  
Portsmouth Web, London Road, Hilsa,  
Portsmouth, Hants, PO2 9SX.  
The Yellow Advertiser Ltd is registered as a  
newspaper by Royal Mail.

Recycled paper made up 80.3 per cent of  
the raw material of UK newspapers in 2005

Like us on Facebook:  
www.facebook.com/YellowAdvertiser

## NEWS

# Anne's for the high jump to raise funds

by Charles Thomson

basildon@yellowad.co.uk

THE mother of a former YA reporter is preparing to take part in a charity skydive.

Anne Peterson has already helped raise almost £70,000 in memory of her son - our dear colleague Paul, who suffered from Becker muscular dystrophy.

Paul, 34, who worked for the YA for almost 13 years, died in 2014 at the age of 34.

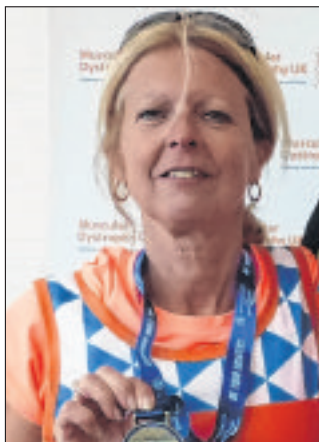
He lived in Corringham and worked as a reporter across various patches, covering stories including the Danielle Jones murder trial.

Since his death, Anne - aided by family and friends - has fundraised for Muscular Dystrophy UK by organising events and taking part in sports challenges.

She said: "I turned 60 and started doing all these crazy things. Paul was very inspiring, so I thought I should follow his example. I started running on Christmas Day 2016. I got up and did a five-kilometre park run."

Last year, Anne and husband Trevor completed the Great North Run. This year, they are signed up for the Great South Run.

Other charity challenges have included abseiling down the Orbit structure in the Olympic Park and running the Silverstone Half-Marathon with former YA sub-editor Martyn Dolton.



LEFT: Anne Peterson and (right) former YA reporter Paul, who died in 2014

Anne had set a goal of raising £40,000 by the end of this year, in which Paul would have turned 40.

However, the fundraising total skyrocketed last year when Muscular Dystrophy UK received an anonymous £30,000 donation in Paul's name.

Anne found out who the donor was, but has been 'sworn to secrecy'.

She said: "It was amazing. I couldn't believe it."

Anne is due to complete a tandem skydive on March 30, after missing out on last year's event because she could



not get medical clearance.

Last year she watched her son Lee and Paul's friend, former YA reporter Matt Stanton, do the skydive and said she was determined to do it herself this year.

"It just looked awesome," she said. "It was a beautiful day - sunny and crisp. I'm doing it this year with Lee's girlfriend, Claire. I'm very excited. I just hope we get good weather."

To donate, visit: <https://paulpeterson.muchloved.com/fundraising/events/74383474>.



APPEAL: The Vauxhall Vectra

## Cyclist hurt in collision

A CYCLIST is fighting for his life following a collision with a car in Leyton.

Police have launched an appeal to identify the driver who failed to stop after the crash in Church Road, near Goldsmith Road, at 2.48pm on Saturday, February 23.

A 20-year-old cyclist was found seriously injured in the road.

Paramedics treated him at the scene and took him to hospital where he is in a critical condition.

Scotland Yard has released an image of the car believed to be involved, a silver Vauxhall Vectra, thought to be a 2004 to 2008 model.

The car has extensive front wind-screen damage on the passenger side and is missing part of its front bumper.

DC Mark Aken said: "The cyclist involved in this collision has suffered extremely serious injuries that have left him fighting for his life in hospital. I would urgently like to trace the driver of the Vauxhall Vectra."

"Anyone who has seen this vehicle or has any information about the driver is asked to call 020 7232 7839 or email mark.aken@met.police.uk."

# CAR PAINTS

NUMBER PLATES

£5.95 each

Range of top quality professional car, industrial paints and refinishing products at unbelievable prices, trade and retail.



## Specialising in Top Quality AEROSOL SPRAY PAINTS

Full range of motorbike,  
scooter RAL & BS colours

ANY COLOUR  
£12.95 each  
exclusive of VAT

Canvey:

01268 510 136

Latchingdon: 01621 742 500

Dagenham: 020 8592 6300

Units 5&7, Viking Way  
Thames Estuary Industrial  
Estate, Canvey Island,  
Essex SS8 0PB

# Advertising works... ...try it!



We have been advertising with the Yellow Advertiser for a number of years now. We have been delighted with the professionalism of, not only the whole team, but in particular Sharon Gunston. Sharon is a pleasure to do business with. We will remain loyal customers for many years to come.



JUDITH KETTLE,  
MAID IN ESSEX

We have used local Newspapers since we opened, we monitor all calls by having separate numbers for each paper. We get far more response to our adverts in the Yellow Advertiser than any of the other local papers.



MALCOLM NEWNHAM  
DREAM DOORS,  
LEIGH ON SEA

Having used your titles for over 20 years, I am clearly very happy with the continued response and service.

DEREK CASS - NEWSTYLE  
KITCHENS AND BEDROOMS  
LEIGH IN SEA



I wanted to write to you to say how pleased we have been with the enormous response we have received from our recent advertisements. Your help in assisting us to create a striking new layout has really paid off, we can honestly say that we have created a number of property sales and instructions to sell further properties as a direct result of our adverts. Once again many thanks to you and your team.



STUART THOMAS

Call 01268 503400  
to discuss your advertising needs

Yellow  
Advertiser

YOUR LOCAL PRINT, WEB & SOCIAL MEDIA EXPERTS



# DENTS UK



**Accident Repair Centre**

**OVER 20 YEARS EXPERIENCE**



All Makes & Models • High Tech Facilities  
£150 Excess Paid • FREE Courtesy Cars  
No Obligation FREE Estimates  
Insurance Company Approved  
24hr Recovery • Fleet Repairs

Email a photo of your damaged vehicle to:

**sales@dentsuk.com**  
for an INSTANT QUOTE

**FROM MINOR SCUFFS TO MAJOR CRASH REPAIRS**

SMART REPAIRS • DENTS/SCRATCHES  
WHEEL REFURBISHMENT • ALLOY REPAIR  
BUMPER REPAIRS, SCUFFS, CRACKS & SPLITS  
SERVICING AND ALL MECHANICAL WORK



**020 8514 8838**

490 High Road • Ilford • Essex • IG1 1UE  
[www.dentsuk.com](http://www.dentsuk.com)



**WE'RE  
CLAMPING  
UNTAXED CARS  
IN LONDON**

Tax yours at [gov.uk/dvla/cartax](http://gov.uk/dvla/cartax)

Tax it or lose it



Driver & Vehicle  
Licensing  
Agency





PROMOTION



# Targeted figure shaping with the HYPOXI-Method®

The way to your dream figure

**H**YPOXI-Method® directly treats the problem areas with the use of gentle exercise, a specific activation of the metabolism combined with nutritional advice. This perfect harmony allows you to model your desired figure. Success with HYPOXI® is noticeable after only a few sessions with visible results.

## Why you cannot achieve this with a diet.

A beautiful properly proportionate figure cannot be achieved with a diet because the body will burn fat from the area where it's easy and fast but will only burn a little in the problem areas.

## Fat reduction works best!

For annoying and persistent fat and cellulite to disappear, they must be in the true sense of the phrase 'put under pressure'. This happens when HYPOXI® by a special Vacuum and Pressure therapy manipulates the targeted area. Unnecessary fat can be dissolved and with moderate training this then provides the conversion of fat into energy.

## Circulation promotes fat reduction

Our body at first will convert fat into energy from parts of the body that the blood can easily flow through then the enriched blood can be transported and used as fuel to burn the energy. Conclusion: The better blood circulation in problem zones during training the easier the fat can be reduced.

## The 3 pillars of the HYPOXI-Method®

HYPOXI® is an innovative figure forming method that works without diet and consists of the following:

- Fat burning exercise
- Vacuum Therapy(similar to cupping) and pressure treatment (similar to compression therapy)
- Nutrition

## New skin elasticity

HYPOXI® is the ideal method for targeted improvement to the skin. Through targeted exposure to the therapy, the connective tissue is streamlined and strengthened.

## Everything except diet!

The HYPOXI-Method® requires no strict dieting! Advice and guidance with regards to a healthy and balanced nutritional plan are an integral part of the HYPOXI®-Concept.♦



## Overcoming the overwhelming

The task of achieving a beautiful body may seem overwhelming. But with the fast and reliable HYPOXI-Method®, it actually becomes achievable. You can lose up to 2 sizes in just a few weeks, and that without having to starve or deprive yourself. Guaranteed results are achieved through a moderate fat burning exercise in combination with HYPOXI® equipment which activates targeted problem areas such as abs, hips, thighs or buttocks.



**CELEBRATE 10 YEARS OF HYPOXI WITH 2 WEEKS FREE TRAINING  
PURCHASE A COURSE OF 12 & GET 6 FREE SESSIONS**

24 High Road, London E18 2QL

020 8989 2700 ♦ [info@hypoxiwl.co.uk](mailto:info@hypoxiwl.co.uk) ♦ [www.hypoxiwl.co.uk](http://www.hypoxiwl.co.uk)



# Man denies crossbow murder of his heavily pregnant ex-wife

AN ALLEGED crossbow killer has denied shooting his heavily pregnant former wife.

Ramano Dge Unmathallegadoo, 51, of no fixed address, pleaded not guilty to the murder of 35-year-old Sana Muhammad and attempted child destruction.

The victim, formerly known as Devi Unmathallegadoo before she remarried, was eight months pregnant when she was attacked at her home in Applegarth Drive, Ilford, on November 12 last year.

After she was fatally injured her son was delivered in hospital.

The defendant, previously of Applegarth Drive, appeared at the Old Bailey to confirm his identity and enter not guilty pleas via videolink from Pentonville prison.

His trial is due to start at the Old Bailey on April 8.

## YOUR NEW WALK-IN SHOWER CUBICLE

**Fitted in a day • No Mess • No Fuss  
at prices you can afford**



**ESSEX SHOWERS**  
**PHONE FREE NOW**  
**0800 212350**

## YOUR NEW BATHROOM

**Your new bathroom, supplied and fitted to your specification,  
Including tiling**

**All work carried out by our own fitters**

**Installation completed within four days at prices you can afford**



**ESSEX SHOWERS  
& BATHROOMS**  
**PHONE FREE NOW**  
**0800 212350**

**SPECIAL NEEDS BATHROOMS  
ALSO SUPPLIED AND FITTED**

**You Can Trust Essex Showers**

# CONCRETE BUILDINGS

**CONSERVATORIES • SHEDS • GARAGES • WORKSHOPS**



**Wide range of sizes, styles and finishes. Low maintenance.  
Cost 1/3 less than brick buildings. Longer life than timber buildings.  
All buildings are delivered and erected.  
Old buildings cleared. New Concrete bases laid**

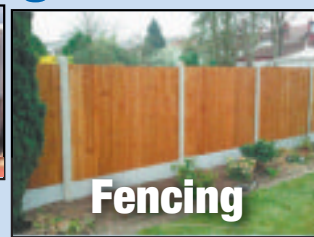
**OFFICES ~ STORES ~ GAMESROOMS & OTHER VARIOUS USES**  
**Please ring for your FREE brochure**

**FAMILY RUN  
BUSINESS ESTABLISHED  
60 YEARS**

## Challenge Concrete Products



**CONSERVATORIES  
FROM £3254**



**Fencing**

- Concrete and Timber Sheds
- Balustrade Walling
- Concrete Paving and Edging Stones
- Concrete Coping Stones & Pier Caps
- Garage Roofs Replaced



**Telephone or visit our showsite at:**

**R. PAGE CONCRETE BUILDINGS LTD**

**951-953 High Road, Chadwell Heath, Romford, Essex RM6 4HB**  
**A Family run business since 1959**



**020 8590 3701**

**www.rpageconcretebuildings.com**



# QUALITY KITCHEN MAKEOVERS

by simply replacing the doors and worktops

Est. 1999

From the UK's #1  
Kitchen makeover experts.  
Visit our showroom now

## Before



- FROM SIMPLE DOOR REPLACEMENTS TO COMPLETE FITTED KITCHENS
- FULLY INSTALLED BY LOCAL PROFESSIONALS IN JUST A FEW DAYS
- CHOOSE FROM A LARGE SELECTION OF DOORS, WORKTOPS AND APPLIANCES
- 84 SHOWROOMS NATIONWIDE

9.7/10 **Checkatrade.com**  
Where reputation matters

See what our customers have to say



**CALL US NOW FOR A FREE ESTIMATE:**

**020 8550 7954**



**VISIT OUR SHOWROOM:**

**1A Redbridge Lane East, Gants Hill,  
Essex, IG4 5ET**

**DREAM DOORS®**

**NEW LIFE FOR OLD KITCHENS**

**www.dreamdoors.co.uk**



# NATURAL BORN FILLERS

With Frances Furlong



**T**his month I will be focusing on Dermal Fillers made from Hyaluronic acid, as far as I'm concerned it is one of the magic ingredients for a dewy and youthful looking skin. This substance is naturally occurring in our skin, joints and eyes and is 'your natural inbuilt shock absorber' think of Hyaluronic acid as being a huge natural sponge that attracts water and forms part of the skin stuffing! As we age we lose it, we look at babies and children and they have it in abundance which in turn gives them lovely, soft and peachy skin. Sadly from the age of around 30, skin starts to lose its glow, the clever technology of dermal fillers derived from a sugar molecule allows loss of volume to be addressed to the face. Furthermore shallow to deep wrinkles can be corrected, hollows of the eyes to be lifted, lips to be defined and skin to have an inbuilt hydration system with advanced products such as Restylane Vital.

## Hyaluronic Acid Dermal Fillers

**BEST FOR** - Injectable Hyaluronic acid can be used on the face, chest and backs of hands, it usually lasts around 8-12 months, creates volume and helps to lift out deep lines.

**Pro's** - these fillers have been proven to be safe - in the right hands, with billions of consumers world wide having these types of treatments, the results are fairly instant with further improvement seen up to 4 weeks post treatment.

**Con's** - temporary swelling post injections, minor bruising or slight discomfort are normally resolved within 72 hours, lumps and bumps are rare but the beauty of these types of fillers are any issues can be dissolved.

**Is it for me?** Dermal fillers are a good choice, when you see a medical practitioner who is experienced. You will be able to achieve a natural and youthful result. But to me, matching the age, tissue integrity along with the client expectations comes down to experience, knowledge and a wide range of different product types to personalise the treatment package, it should always be a bespoke service. The beauty of these treatments are they are not permanent, and we can change the treatment plan over the years to coincide with the ageing face, stress factors, hormone and environmental factors.

## Hyaluronic acid skin care -

**Best for** - those wishing to retain plump hydrated skin by using serums and moisturisers, it has been shown to hold up to 1,000 times its own weight in water. I love Inspira Med serums and creams and Excuviance bionic oxygen facial weekly mask.

**Pro's** - these products really address skin dryness and hydration as well as help fine lines and wrinkles.

**Con's** - topical products can't deliver the volumising results that Injectables can, this is due to the molecules being too large to penetrate through the skin barrier.

**Is it for me?** For specific wrinkles, volume loss and lifting of the facial contours, see a practitioner for expert advice. However if it's well-hydrated, silkier skin you are after then daily skin care containing Hyaluronic Acid and a good sunscreen is a must! ■



## Did you know...

'both cigarette smoke and deficiency in zinc have been shown to reduce Hyaluronic Acid production'

Certain drugs and supplements can increase your risk of bruising, so avoid these 72 hours prior to any Hyaluronic Acid dermal filler injections, aspirin, ibuprofen, warfarin, diclofenac, garlic, ginseng, ginkgo Bilbao, vitamin E, glucosamine and fish oils.

## THE DETAILS

Please call Michelle on  
07508 404862  
for further information.  
info@perfect-skin.co.uk  
www.perfect-skin.co.uk






**SAMSUNG**
**75" Smart Ultra HD  
Certified  
4K LED TV**
**£999**
**OUR**
**LATEST OFFERS**  
**Hurry!!!**
**Big Brand - Big Screen - Small Price**

Also Available  
43" - £299 & 55" - £429

**Panasonic**  
**TX49FX550B**

**49" Smart UHD 4K HDR LED TV**
**SPECIAL  
INSTORE PRICE**
**£349**
  
**QuietComfort 35 II Black**

**Acoustic Noise Cancelling® Wireless  
Bluetooth® headphones - Black**  
Also Available in silver

**SPECIAL  
INSTORE PRICE**
**£278**

Also Available  
43", 55" & 65"

**SAMSUNG**  
**UE50NU7400**

**50" Smart Ultra HD  
Certified 4K HDR 10+ LED TV**
**SPECIAL  
INSTORE PRICE**
**£399**
  
**Soundbar 500 Black**

**Soundbar 500 Black**
**Save £90**  
when purchasing this with  
the Bass Module 500

**£409**

Also available  
55" £429 / 49" £349 / 43" £299

  
**65UK6300**

**65" Smart Ultra HD  
4K TV**
**SPECIAL  
INSTORE PRICE**
**£639**
  
**CDP1LS57B**

**Freestanding Dishwasher With NFC  
& has 15 Place settings**
**£199**
  
**SMV46IX00G**

**Full size Integrated Dishwasher  
Brushed Steel finish**
**CLAIM UP TO £100  
CASHBACK FROM BOSCH**
**£479**
  
**FK1974**

**50cm Fridge Freezer**
**SPECIAL  
INSTORE PRICE**
**£199**

We have all large screen TV's from all big brands on  
display at our multi-award winning showroom

Over 5 Million Views! Visit our  
YouTube channel for all the latest  
product reviews at: [www.youtube.com/rgbdirect](http://www.youtube.com/rgbdirect)

Multi Award Winner: ERT Awards, D&G Retailer  
of the year, AAA, Independent Business Awards,  
Docklands & City Business Awards etc

**FREE Delivery:** FREE Two man local  
delivery on selected items. We install your  
new and recycle your old.

Seen it cheaper? Call us now on  
020 8924 7744. We will endeavour to  
price match any deal prior to purchase

**Ilford Showroom**

543 - 549 High Road, Ilford Essex, IG1 1TZ  
(Monday to Saturday 9.00am - 6.00pm,  
Sunday & Bank Holidays 10.30am - 5.00pm)

 Free Forecourt Parking  020 8924 7744

**Loughton Showroom**

121 Roding Road, Loughton Essex, IG10 3BS  
(Monday to Saturday 9.00am - 5.30pm,  
Thursday & Bank Holidays Closed)

 Parking at Rear of Store  020 8508 3399


Proudly supporting the Essex based charity

Many more Exclusive In-Store offers  
Visit our award winning showroom


Prices correct at time of going to press, but are subject to alteration without notice. Pictures are for illustration purposes only. E&amp;OE RGB 2019.

All Transactions subjects to our terms and conditions (Written details available on request). Any further questions please give us call on 020 8924 7744 or come into any of our showrooms.